



The Rotaripost

November 22, 2016

Keynote *Fit For Life*



Robert Blount

Fit For Life is a Shreveport based non-profit organization that is dedicated to improving the health, fitness and wellness of all Americans.

Founder **Robert “Super-mann” Blount** is a bodybuilding promoter. He began his professional fitness training in 1980 under the tutelage of Tony Atlas and later with Tony Pearson.

Blount is former co-chairman of the N.P.C. (National Physique Committee) for the state of Georgia and has served as a N.P.C. judge. Governor Bobby Jindal appointed him to the Commission on Men’s Health and Wellness.

He attended Morris Brown College majoring in business management with a minor in physical education. He owned the first African American health club in the U.S. His bodybuilding titles include: Central Georgia Champion, Peach State

Champion, Southern Cup U.S.A. Champion and Atlanta Champion.

Blount and his wife Richelle have a Saturday morning ESPN Fit For Life radio show.

Plan Ahead—Upcoming Programs

November 29th—Centenary College Choir

Guests will be the 2016 class of 40 Under 40 Honorees

December 6th—Secretary Charlie Melancon, Louisiana Wildlife & Fisheries

December 13th—Superintendent John White, Louisiana Department of Education

December 20th—Henry Martin, Shreveport Bossier Rescue Mission
(a civic grant recipient)

December 27th—Stories By Rotarians

Tuesday,
12:00 Noon

12:13 p.m.
Bell-Ringing

Shreveport
Convention
Center

Rotarians Serving Others

Charles Money
Henington Table

Sue Lee Raffle

Teri Scanner-
Haynes Greeter-4Way
Test

Need A Invocation
Volunteer

Need A Music
Volunteer
And
Kermit
Poling

Louisiana Veterans Honor Medal Presentations

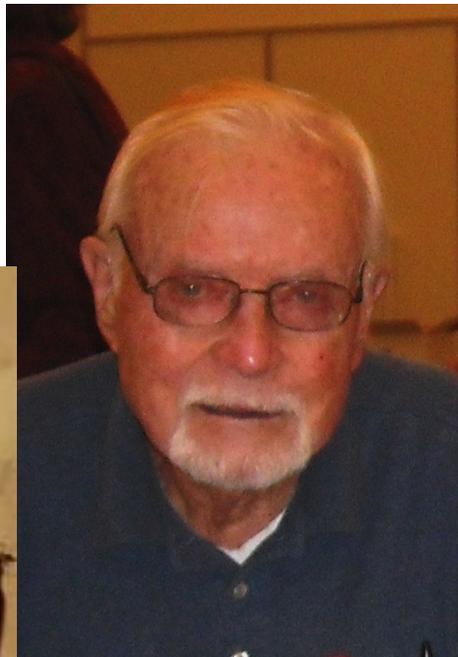
Last Tuesday we presented more Veterans Honor Medals. Accepting the award for Jim Egan was Major George Cole, son of Peyton Cole. Colonel **James C. Egan, Jr.** served in the U.S. Air Force from 1941 to 1967.

He was an A-10 Fighter Pilot and Fighter Weapons Instructor. During World War II he received the Distinguished Flying Cross in addition to numerous additional awards over his career. Jim flew 71 bombing missions, many of them blind. On Christmas Day during the Battle of the Bulge, he flew 3 missions.

He and other airmen built a “shack” out of scrap lumber to house some “Red Cross girls” who were being evacuated. He fell in love with one of those girls (Mary Alice) and they got married in Paris after it was liberated.



Mary Alice and Jim Egan



Brig. Gen. **George Peyton Cole, Jr.** was presented with his Honor Medal. Peyton's Air Force service was from 1967 to 1994. He was a B-52 Bomber Pilot who served during the time frame that included the Vietnam Era and Operation Desert Shield/Storm.



2/LT GEORGE P. COLE JR.
"PEYT"
AC 47

His awards include the Defense Distinguished Service Medal with one Oak Leaf Cluster in addition to many other awards, ribbons and citations.

Peyton served as the USAF Senate Liaison Office Executive Secretary for the Department of Defense. He retired as Commander of the 2nd Bomb Wing at our own Barksdale Air Force Base.

Brig. Gen. Patrick A. Cord served in the Air Force from 1976 to 2012. Pat was a command pilot in T-37, T-38 and A-10 aircraft.

A graduate of the U.S. Air Force Fighter Weapons School, he served in several positions including leadership assignments at Barksdale from 1996-2000. Pat received the Air Force Longevity Service Ribbon with Oak Leaf Cluster in addition to many other awards and ribbons.

Pat's last assignment was as Deputy Director Air Force Strategic Planning, Deputy Chief of Staff for Strategic Plans and Programs at Headquarters U.S. Air Force, Washington, D.C.

He returned to our local community upon his retirement.



(Left) Accepting Jim Egan's medal from Maj. Gen. Jim Graves is Major George Cole, Jr.

(Center) Jim Graves presents the Honor Medal to Peyton Cole

(Right) Graves congratulates Pat Cord on his Honor Medal

Paul Harris Fellowship Level UP

President-Elect Teri Haynes thanked Rotarian **Paul Burch** for his contributions to The Rotary Foundation as she presented his PHF+2 pin.

Paul is a financial advisor with Morgan Stanley. He was sponsored in the club in 2000 by Al Kessler. A second generation club member (Rotarian Clovis Burch is his father), Paul serves on several committees including our Rotary Foundation raffle committee.

He received his first PHF in 2001, not long after he joined.

Paul's presentation was after the Veterans Honor Medals and he ended his podium time with an Al Kessler "Thank You, Thank You, Thank You" to all our veterans.



APPLICATION FOR MEMBERSHIP

Unless written objection is received within seven days, there will be an invitation extended to join the membership of the

Rotary Club of Shreveport

this individual:

Timothy "Tim" J. Magner

President

Greater Shreveport Chamber of Commerce

Shreveport

Classification

Associations, Business & Government

Proposed by

Laurel Brightwell

These Rotarians have sponsored new members since July 1, 2016:

Reginald Abrams

David Ginsburg

Willie White III

Lawrence Calhoun

George Nelson, Jr.

Gard Wayt

Rodney Crews

Martha Marak

Trey Giglio

Larry Evensky



Jim Graves & Jarrod Horton



**Larry Evensky, Scott Wysong,
Nita Cook & Hardy Foreman**



Keith Harrison, Kathy French & Jim Kihneman



Miles Hitchcock & Davor Poljak



**Trey Giglio, Darrell Rebouche &
Stephen Oden**

Great Raft Social



Rotaripost

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Raffle Winners Last Week

TRF Raffle—Lionel Eltis

Thanks for your contribution to The Rotary Foundation—this applies toward your next PHF

Rose-Neath Flower Shop—James Blewett

Andy Shehee’s hen eggs—James Adams

Rotary knife/key chain—Bobby Madison

Program on November 29, 2016

**Centenary Choir
Holiday Music**

Shreveport Convention Center

November Volunteers For Our Monthly Community Service Projects

Rescue Mission

November 3, 2016

David Cook Jerry Boughton
Delbert Chumley Bob Neff Zelda Tucker

November 10, 2016

Dick Bremer Walter Lamb
Charles Grubb Fred Ratzburg
Zelda Tucker

Northwest LA Food Bank

November 15, 2016

Ken Krueger David Ginsburg
Margaret Wallace

Meeting Make-Up Credit For All!

**Great community service projects!
Ask how to get involved if you don’t know!**